

The Clive



P R O J E C T

2002–2003

Improving the lives of younger people with dementia and their families throughout Oxfordshire by initiating, developing and providing specialist support services

Message from the Chair

The Clive Project has been in existence for more than five years now and each year has seen growth, development and innovation. We have steadily grown in size, and the developments have been firmly led by those who use the service, their family and friends whilst the innovation has come from everybody.

Although the Project is Oxfordshire-based, our reputation has travelled much further and I am constantly amazed at the recognition on people's faces when I talk about The Clive Project. I mentioned reputation and this I think is the magic ingredient because the Project is seen as 'a life saver', 'an amazing resource' and 'a quality service' by all those who use it or see it working from the outside.

To merit such accolades is no easy task and everyone involved has played an important role in sustaining our services. As always we look forward to our next year with high aspirations and determination to improve and flourish.

Jean Ware-Morphy



Clive Beaumont and his children

The Charity is named in tribute to Clive Beaumont. Clive was in his early 40s when he discovered he could not read to his young children. An Oxford graduate, Clive had forged an adventurous career in the army. He was a marathon-runner, a scuba diver, a cyclist, and a swimmer. He was also a husband to Helen, and a father. Clive expected to continue living life to the full.

But Clive had dementia. And when he needed help, there was little or none that was right for him.

The Clive Project now offers support to people like Clive and Helen—in the hope that they can continue living life to the full, even with dementia.



Tony (right), with Simon

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'A visit from his support worker is more powerful than any drug that could be prescribed.'

HILARY

.....



Tony (right), with Bernie

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'You feel that you are not alone with the illness — that's the basic thing. It's good to talk to other people.'

CHRISTINE

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One-to-One Active Support Service — support for the individual

The impact of dementia on an energetic, younger person, in their forties or fifties, may serve to restrict and limit life. The loss of memory, co-ordination and communication skills undermines independence. Our support opens up life's choices again. A rich range of activities is offered from simple, warm companionship to fulfilling lifetime ambitions. It is amazing to see how life improves for the person, and their families, once trusted help is in place.

During our fifth year of active service, around 30 people with Alzheimer's disease, vascular dementia, Picks disease, Korsakovs syndrome, Huntington's disease and other rarer forms of dementia shared more than 3200 hours of support. We welcomed 11 new people to the service whilst others strengthened their long-term relationships with the team.

With earlier diagnosis and the prospect of treatments, demand for the service increased dramatically towards the end of the year. Swiftly responding, we set about recruiting additional team members and plan to provide more than 4000 support hours in 2003-04.

Tessa Gutteridge



Diana (left), with Kathy

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The support provides 'a taste of freedom — an escape from the walls.'

JAN

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The Clive Project Club — support for all

Dementia often results in isolation. Friends, colleagues and even family may drift away, through embarrassment or ignorance. Our Club offers a link to other people and their partners at relaxed social events throughout the county. During the year, club sessions have included pub lunches and skittles, countryside walks, river cruises, picnics, music workshops and theatre trips — we had fun.

Our future plans, including a great opportunity to work/play with Oxford Philomusica, aim to build on the sense of belonging felt by Club members.

Jill Cowland



Janet, Jonathan and

The Clive Project Exchange — support for family and friends

It is not enough to support the person with dementia alone; the effect of dementia has a far wider impact on family life and future plans. The Exchange offers a chance for family and friends to share information, ideas and experiences.

The Exchange has been running for two years, and offers a monthly programme of evening discussions from January to July. This year we explored the role of the community psychiatric nurse, looked realistically at how the general practitioner could help, and generated ideas about how to make life interesting for the person with dementia. Exchange members choose the topics and speakers, and there is time for questions and socialising. For the rest of the year, the Exchange enjoyed a variety of social events and a specialist presentation, and kept in touch through an occasional Newsletter.

Helen Beaumont



Hyacinth and Yolande, with Jill Green

I feel very supported since coming to Oxford, and am so glad that I found The Clive Project.

ANNA

The Clive Project Information Resource — support for all

Reliable information is a vital tool to help people live well with early onset dementia. With this in mind, we published our second edition of the *Information Resource for Younger People with Dementia* in Oxfordshire this year. Take a look at it on our website: www.thecliveproject.org.uk

The early onset of dementia changes many aspects of life for partners, family and friends. Using their experiences, we will continue developing our services, including investigating the potential for a family and friends support worker in 2003–04.

Jill Green

‘The Clive Project is on hand to listen to my problems and offer guidance ... this is invaluable and means that I have the knowledge that I am not alone and can face the future.’

VAUGHAN



The second edition of our information resource for younger people with dementia in Oxfordshire is now available — see our website for more details.



Anna, with Caroline

The Clive Project — initiating support

Part of our work is to trigger developments and improvements in services delivered by Oxfordshire’s health and social care organisations. Changes here take longer to materialise and this year we worked hard to keep the needs of people with early onset dementia in front of the decision makers. One important positive step is the recent formation of Oxfordshire’s multi-disciplinary ‘network of expertise’, facilitated by us, which serves as the first resource to help professionals working in this field.



Roz and Brian

‘We feel like we are part of a big family. When you are with them, you don’t feel different — everyone has fun, the best they can.’

ROZ

The Clive Homes Project — long-term and respite care

We have been continuing to work with our partners in health and social care to develop a specialist resource offering long-term and respite care in Oxfordshire. We are making real progress with the local primary care trusts and Social and Health Care who need to find ways to commit revenue funding to make this work. We believe we have found a very exciting partner to support the capital funding, and help to design, build and manage this resource. The estimate for opening could be as early as 2005/6.

Helen Baker



Helen Beaumont, Jill Cowland and Helen Baker

Fundraising

A younger person affected by early onset dementia may live, with increasing need for care and support, for more than a decade with the condition. Our commitment to support the person and their family is long-term. Our resources have to match that promise.

A big thank you to our funders including: Alzheimer's Society Banbury and Oxford Branches, and charitable trusts including Ammco, Bartlett Taylor, Batchworth, CB and HH Taylor 1984, Doris Field, Ebb and Flow, Fox FM and Four Pillars charity 2002, HDH Wills 1965, Lankelly, Mrs Elise Pilkington, PF Charitable Trust, R E Early, Rotary Club (Oxford), Sandford, St Michaels and All Saints, The Skinner's Company Lady Neville charity, Tolkein, and Tubney. The Directorate of Social and Health Care contributed to the support of four people during the year.

Personal donations increased this year, with some special individuals participating in parachute jumps, abseiling, the London Marathon and the Great North Run. Thank you.

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Sally celebrated a special birthday and raised funds by achieving her ambition to parachute.

The Clive Project Team

Trustees

Helen Baker
Helen Beaumont
Vaughan Billings (joined April 2003)
David Birch
Sally Bradbury (joined April 2003)
Elizabeth King
Brian Morphy (until January 2003)
Betty Rostance
Jean Ware-Morphy

Staff

Tessa Gutteridge, Director
Caroline Bloomfield (joined May 2003)
Jill Cowland
Jill Green
Sue Newstead (until January 2003)
Bernie Stevenson (joined May 2003)
Gill Stopps (joined May 2003)
Linda Wallis
Simon Warren
Kathy Yorke

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